

Synergy Health & Wellness

PERSONAL INFORMATION

| | | | | |
|-----------------------------|--------|----------------------|-------------|-------------------|
| Name: | | Date of Birth: | | |
| Address: | | | | |
| City: | State | Zip | Email: | |
| Home# | Work# | Cell# | | |
| Non-Florida Address: | | | | |
| City: | | State | Zip | |
| Phone # | | | | |
| Gender: | Male | Female (circle) | Soc. Sec.#: | |
| Marital Status: | Single | Married | Widowed | Divorced (circle) |
| Referring Physician: | | Last MD Appointment: | | |
| Emergency Contact: | | Ph# | | |

How did you hear about us?

Statement of Financial Responsibility

| | |
|------------------------------------|---------|
| Primary Insurance: | Policy# |
| Secondary Insurance: | Policy# |
| Attorney Name (if liability case): | Phone# |

I understand that **I am responsible for payment** to Synergy Health and Wellness for anything my insurance does not cover. This includes any deductibles, co-payments, and coinsurance as determined by my contract with my insurance carrier. If my insurance denies payment for any reason, this will also be my responsibility to pay for services rendered by Synergy Health and Wellness. I will be responsible for all collection and court costs for any unpaid balance on my account. (Does not apply for worker's compensation cases)

| | | | | |
|--------------------------|--------------|----------|--------|--------------|
| Signature: | Date: | | | |
| Relationship to patient: | Self | Guardian | Parent | Other: _____ |

Consent of Treatment and Authorization to Release Information & Privacy Practices Acknowledgement

I give consent to Synergy Health and Wellness to perform the services required to treat my condition. In addition, I hereby authorize Synergy Health and Wellness through its appropriate personnel, to bill for services rendered to me, or the above named patient, all services relating to my therapy. I further authorize Synergy Health and Wellness to release to appropriate agencies, any information acquired in the course of my or the above named patient's treatment, in order to pay my claims. Furthermore, I have received the Notice of Privacy Practices and have had the opportunity to review it and ask questions.

| | | | | |
|--------------------------|--------------|----------|--------|--------|
| Signature: | Date: | | | |
| Relationship to patient: | Self | Guardian | Parent | Other: |

Name: _____

Date: _____

Allergies (circle): latex, coconut oil, beeswax, tape adhesives, _____

Pregnant Yes No **Smoker** Yes No **Pacemaker** Yes No **Caffeine** Yes No

I Have Recently Experienced (Past 6 months, please check all that apply to you)

- | | | |
|--|--|--|
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Bowel or Bladder Changes | <input type="checkbox"/> Constipation |
| <input type="checkbox"/> Fever/chills/sweats | <input type="checkbox"/> Muscle weakness | <input type="checkbox"/> Diarrhea |
| <input type="checkbox"/> Nausea/vomiting | <input type="checkbox"/> Dizziness/lightheadedness | <input type="checkbox"/> Shortness of breath |
| <input type="checkbox"/> Weight loss/gain | <input type="checkbox"/> Heartburn/indigestion | <input type="checkbox"/> Fainting |
| <input type="checkbox"/> Imbalance with walking, Falls | <input type="checkbox"/> Difficulty swallowing | <input type="checkbox"/> Cough |
| <input type="checkbox"/> Numbness or tingling | <input type="checkbox"/> Malaise | <input type="checkbox"/> Headaches |
| <input type="checkbox"/> Pulse Abdomen | <input type="checkbox"/> Open Wounds | <input type="checkbox"/> Bloody sputum |

Past Medical History (Check all that apply to you and write others not listed)

- | | | |
|--|---|--|
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Thyroid Problems |
| <input type="checkbox"/> Heart Disease/Problems | <input type="checkbox"/> Lung Problems | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Chest Pain/Angina | <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> Osteoporosis |
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Asthma | <input type="checkbox"/> Multiple Sclerosis |
| <input type="checkbox"/> Circulation Problems | <input type="checkbox"/> Rheumatoid Arthritis | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Blood Clots | <input type="checkbox"/> Osteoarthritis | <input type="checkbox"/> Chemical Dependency |
| <input type="checkbox"/> Stroke/mini-Stroke | <input type="checkbox"/> Bladder/Urinary tract infection | <input type="checkbox"/> Ulcers |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Kidney Problem/Infection | <input type="checkbox"/> Liver Problems |
| <input type="checkbox"/> Bone or Joint Infection | <input type="checkbox"/> Sexually transmitted disease/HIV | <input type="checkbox"/> Hepatitis |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Endometriosis | <input type="checkbox"/> Visual Problems |
| <input type="checkbox"/> Hearing Loss | <input type="checkbox"/> NSAID Sensitivity | <input type="checkbox"/> Hemophilia |

Other: _____

Surgical History (Please check all that apply and write others not listed)

- | | | |
|---|--|--|
| <input type="checkbox"/> Total Knee Replacement | <input type="checkbox"/> Appendectomy | <input type="checkbox"/> Cervical Fusion |
| <input type="checkbox"/> Total Hip Replacement | <input type="checkbox"/> Tonsillectomy | <input type="checkbox"/> Lumbar Fusion |
| <input type="checkbox"/> Total Shoulder Replacement | <input type="checkbox"/> Hysterectomy | <input type="checkbox"/> Colon Resection |
| <input type="checkbox"/> Cataracts | <input type="checkbox"/> C-Section | <input type="checkbox"/> Hernia Repair |

Other _____

Family History (parents and siblings, check all that apply)

- | | | |
|--|-------------------------------------|---|
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Heart Problems | <input type="checkbox"/> Stroke | <input type="checkbox"/> Thyroid Problems |
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Depression | <input type="checkbox"/> Blood Clots |

All Medications, Supplements, Vitamins (Please list names only, write none if taking nothing)

Over the past month, have you often been bothered by feeling down, depressed or hopeless? **YES** **NO**

During the past month, have you often been bothered by little interest or pleasure in doing things? **YES** **NO**

Is this something with which you would like help? **YES** **YES, but not today** **NO**

Name: _____

Date: _____

Date of injury/onset: ____/____/____

Have you had these symptoms before? Yes No

Date of next doctor visit: ____/____/____

Are you presently working? Yes No Limited Duty

Reason for injury or problem:

- Recent hospitalization
- Motor vehicle accident
- Cause unknown
- Recurrence of previous injury
- Injury related to lifting
- Athletic/recreational injury
- Work related injury
- Injury related to falling
- Other

Have you had any tests done for this condition (xrays, MRI, CT scan, bloodwork, etc) Yes No

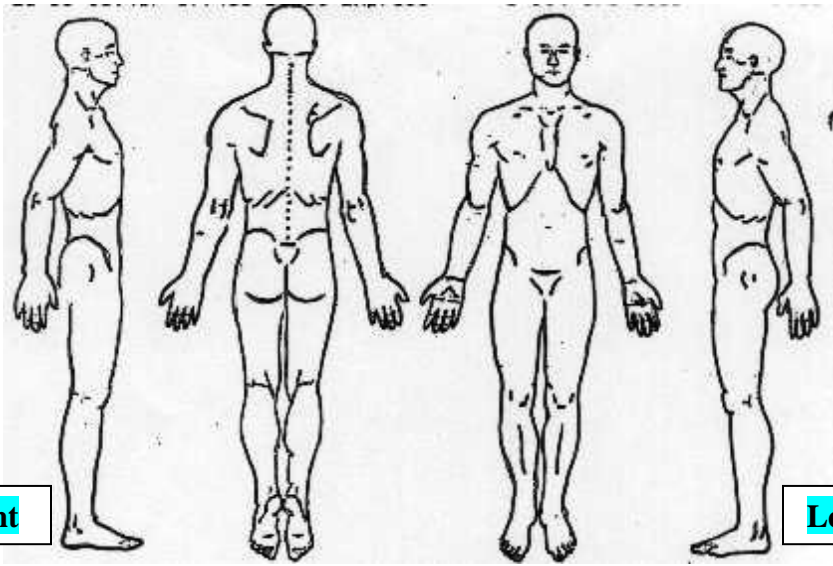
My symptoms are worst (check any) Morning Afternoon Night After Exercise N/A

My symptoms are best (check any) Morning Afternoon Night After Exercise N/A

My symptoms are currently: Improving Unchanged Getting Worse

Do you sleep well (more than 6 hours uninterrupted)? Yes No Why? _____

| |
|--|
| KEY |
| Using the symbols and descriptors below place the symbols on the body diagram that fit your symptoms right now |
| /// Stabbing/Shooting |
| XXX Dull/Achy/Burning |
| OOO Tingling/Pins & Needles |
| ΔΔΔ Numbness |



Aggravating Factors: What makes you feel worse?

Easing Factors: What makes you feel better?

On the scale below, circle the number that best describes your pain severity for the stated time frame

| | | | | | | | | | | | | |
|--|---|---|---|---|---|---|---|---|---|---|----|--------------------------|
| Current Level of Pain | | | | | | | | | | | | |
| No Pain | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | I Need to Go to Hospital |
| Worst Level of Pain for Past Week | | | | | | | | | | | | |
| No Pain | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | I Need to Go to Hospital |
| Best Level of Pain for Past Week | | | | | | | | | | | | |
| No Pain | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | I Need to Go to Hospital |

Cancellation Policy for Pilates, PT, OT, Massage and Acupuncture Appointments

Updated 1/1/2015

You can cancel any visit by giving notice up to the end of the prior business day (5 PM) for any upcoming appointment. Your notice must reach an employee of Synergy Health and Wellness.

***** Messages left on our phone machine, email, or fax will only be considered accepted if we respond back to you that the message was received.**

Case 1: You have a Wednesday appointment at 8 AM. You can cancel the Wednesday appointment up until 5 PM on Tuesday and incur no charge.

Case 2: you have a Friday appointment at 5 PM. We do not hear from you. You indicate you left a message on our answering machine, but did not hear from us. We have no record of a message. You are charged a cancellation fee.

Case 3: you have a 10 AM pilates class and call to cancel at 8 AM the same day. A group class will be deducted from your account or, if you are currently on an unlimited group pilates package, you will be charged \$20.

Therapy Cancellation and No Show fee is \$30

Pilates Cancellation and No Show fee is 1 Pilates Class for Group

Class Packages or \$20 for an unlimited package

This is not paid by insurance, it is the responsibility of the patient/client and will be collected at the next treatment session that you attend or will be mailed to you if you do not continue your therapy with us.

I acknowledge receipt and agree to the terms of this policy

Date